

Sized by US shoe size

SIZE	MEN'S	WOMEN'S
XS	3-5	4-6
SM	5 1/2-7	6 1/2-9
MED	7 1/2-10	9 1/2-11
LRG	10 1/2-12	11 1/2-13
XL	12 1/2-14	13 1/2-15

Your Thermal Vent Support should be a snug and comfortable fit. Not too tight, not too loose. If in doubt, try next larger size.